

**FOUNDATION FOR GLOBAL LEADERSHIP**  
*Strengthening Developing Nations through Partnerships and Philanthropy*

**Family Philanthropic Safari:**  
***“Discover the Warm Heart of Africa”***  
**Malawi and Zambia**  
**August 13 - 22 ,2009**



You are invited to participate in a ‘behind the scenes’ Family Philanthropic Safari to Southern Africa. Join the Boehm family (Ron, Marlys, Katie, Kristin and Kevin) and engage in an exciting, hands-on experience of Africa designed for entire families to share together.

**Trip Highlights:**

- ⇒ EDUCATION and DISADVANTAGED YOUTH - Visit orphanages and schools and learn about the progressive programs available to orphans as well as the gaps where progress is limited.
- ⇒ SOCIAL ENTREPRENIURSHIP and ECONOMIC DEVELOPMENT – Learn about cutting-edge programs increasing economic prosperity and innovative methods to combat malnutrition.
- ⇒ HEALTH CARE - Understand the challenges facing women and children when there is a lack of access to healthcare.
- ⇒ ENVIORNMENTAL PRESERVATION – Visit Lake Malawi (3<sup>rd</sup> largest lake in Africa and home to more species of fish then any lake in the world) and learn first-hand what is being done to prevent pollution, over-fishing and soil erosion.
- ⇒ AGRICULTURE and ACCESS TO NATURAL RESOURCES – Learn about the farming industry and the complexities of access to water and firewood (or lack thereof) has on a family and their capacity to educate their children as well as efforts to prevent deforestation..
- ⇒ GO ON SAFARI! Spend three days in one of the world’s most sought after safari destinations in Zambia and see the “big five” including lion, elephant, rhino, buffalo and leopard!
- ⇒ VICTORIA FALLS– Process your experience at the world’s largest waterfalls and stay at a UNESCO World Heritage Site and one of the only hotels with direct access to the Falls!

### **The Family Experience:**

The Foundation for Global Leadership is an expert in providing meaningful “once in a lifetime” experiences for families to share together. Recognizing that along with academics and professional success, comes the question, “How can I make a difference and leave the world in a better place?” This trip provides parents and children an opportunity to explore how their individual and collective talents can authentically make a difference in the lives of others.

## **ITINERARY**

### **August 13<sup>th</sup> – Arrive Lilongwe, Malawi**

Upon arrival, you will be met at the airport and transferred to Kumbali Lodge, located on a beautiful working farm on the outskirts of Lilongwe. After freshening up, enjoy a traditional afternoon tea and begin your introduction to traditional Malawian life. You will learn key elements of the local language, cultural norms and even your respective gender roles as determined by the local tribes. Anyone not needing an early night to recover from jetlag will receive your first African drumming and dance lessons in the evening by the fire!

\* Kumbali Lodge has two housing options:

The Lodge – a five star luxury experience with satellite television, wireless internet access and spacious accommodations.

The Village – a traditional cultural village consisting of authentic mud huts, no electricity or running water (but very nice outdoor bucket showers).

\*\* *Both the lodge and village are within a 10 minute walk from one another and young people may prefer to stay in the huts and parents in the lodge- or vice versa!*

Overnight Kumbali (*Breakfast and Dinner included, Lunch on own account*)

### **August 14<sup>th</sup> – 15<sup>th</sup> - Site Visits and Volunteer Projects, Malawi**

After breakfast, we will depart for our first site visit.

For the next two days you will visit orphanages, micro-lending projects and health care clinics focusing on pediatric and maternal health. We will also be visiting projects that are trying to stem the tide of malnutrition, using products like peanut butter and rice bran.

Young people will have a chance to interact, sharing lives and stories with local children – both in orphanages and in the local villages, play local sports and participate in environmental endeavors such as tree planting to support reforestation.

Evening filled with drumming and dancing by the fire with local Malawian youth.

Overnight – Kumbali (*Breakfast and Dinner included, Lunch on own account*)

### **August 16<sup>th</sup> - Lake Malawi**

After an early breakfast we leave Lilongwe for Lake Malawi, the 9th largest fresh water lake in the world, 3<sup>rd</sup> largest in Africa but with the most fish species of any lake. In particular, Lake Malawi is known for freshwater fish that are colorful like tropical fish.

Spend the day with a naturalist who will explain the current state of Lake Malawi - what they are doing to prevent erosion, pollution, over-fishing, etc... Possible boat trips to nearby islands and free time to enjoy the lake in the afternoon.

Overnight – Lake Malawi Safari Beach Lodge (*Full Board*)

### **August 17<sup>th</sup> - Flight to Zambia – SAFARI!**

This morning you will transfer to Lilongwe and then take a charter flight to Mfuwe, Zambia where your legendary SAFARI of yesteryear will commence! After checking into the lodge and a scrumptious lunch, you will venture off on your first game drive to experience Africa's famous animals in the wild. Giraffe, lion, zebras, leopard, buffalo, and elephant are just a few of the species you will see.

Unlike other African reserves, Zambia still allows night drives so you will have the chance to see nocturnal species such as leopard as well as the likelihood of lion hunt!

Overnight - Mfuwe Lodge (*Full Board*)

### **August 18-19<sup>th</sup> - ON SAFARI**

With 3 game activities a day, bush breakfasts on the river with hippos lounging in the water and visits to local villages, your days will be filled memories that will last a lifetime – not to mention an understanding of one of the most stable democracies in Africa.

During the early afternoons, engage in reflective conversations on what you have learned, how the African experience compares to your own life, and how you would like to take the experience home with you. On the final day on safari, young people will experience a philanthropy exercise to help prepare them for the difficult decision-making that comes from serving on either a foundation or nonprofit board of directors in the future.

Overnight – Mfuwe Lodge (*Full Board*)

### **August 20<sup>th</sup> - Fly to Victoria Falls**

The largest waterfalls in the world, Victoria Falls is in the middle of a national reserve.

You will be staying at the Royal Livingstone Hotel, the only hotel with views of the Falls on the grounds and a trail to the Falls on the property. You will not be alone at the hotel, resident giraffes and zebras also call the hotel home and it is not uncommon to have a zebra lying nearby while you are basking by the river enjoying the mist of the Falls!

Overnight – Royal Livingstone – (*Breakfast only*)

### **August 21<sup>st</sup> – Free Day at Victoria Falls**

Enjoy a plethora of optional activities at the Falls. Hike the trails, go on an elephant-back safari, white water raft the Zambezi or take a sunset cruise.

Overnight – Royal Livingstone Hotel – (*Breakfast only*)

### **August 22<sup>nd</sup> - Transfer to Livingstone Airport for return flight to U.S.A.**

After a final goodbye to Africa, you will leave mid-morning for your return flight home.

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**Family Philanthropic Safari: Southern Africa**

**August 13-22, 2009**

**REGISTRATION**

Parent name(s): \_\_\_\_\_

Child (Children) and their ages: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

In case of an emergency:

Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**Please submit a copy of each traveler's passport.**

**Costs: \$6941.00 per person double occupancy**

**\$1200.00 single supplement**

**\* Special rates for children under age 12 available if sharing with two adults**

Non-refundable Deposit - \$1000.00 per person due March 15, 2009

Balance due April 15, 2009

***Included in costs:***

- all accommodations (5 star when available), meals where indicated, in-country ground transport (drivers and local guides), internal flights from Lilongwe to Mfuwe to Livingston, as well as park permits, game drives and site visits.

***Not included in costs:***

- International airfare from USA to Africa
- Visas
- Meals where indicated
- Vaccinations
- Travel Insurance (cancellation and medical)
- Beverages
- Gratuities for drivers and guides
- Items of a personal nature

**Refund Policy**

Full refund less deposit available 90 days prior to departure. 50% refund less deposit, 60 days prior to departure. Less than 45 days prior to departure, no refunds available.

**FOUNDATION FOR GLOBAL LEADERSHIP**  
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**INDEMNIFICATION  
FULL WAIVER AND RELEASE**  
**As prescribed by the Foundation for Global Leadership for International  
Leadership Initiatives**

I, \_\_\_\_\_, (PRINT NAME) hereby knowingly and voluntarily accept all risk to my safety and/or health and hereby release, hold harmless and indemnify the Foundation for Global Leadership, its officers, trustees, agents and employees or affiliated companies, organizations or persons connected with the Foundation for Global Leadership from and against any and all liability, loss and damages which they or any of them may suffer as a result of claims, demands, suits, costs or judgments against them or any of them, including any attorney's fees and court costs resulting from any related illness, death or incident associated with my travel.

I understand that prior to my travel, it is my responsibility to determine through personal research whether the U.S. Department of State has issued a travel warning or public announcements against travel to areas in which I will be working. It is my responsibility to stay abreast of and accept the risks to myself and to others associated with my decision to travel to or from a location where the U.S. Department of State may subsequently issue a travel warning or public announcement. Should such travel result in any illness, death or other damages to me, my family, heirs, or assigns, or other associate with whom I come in contact, I hereby personally assume all risks in connection with such travel.

I understand that it is also my responsibility to ensure that I have adequate health insurance during my travels, have all the appropriate vaccinations, and am informed of any health risks in the areas I travel. In addition, I have ensured adequate provision for my removal from the country in case of serious illness, should that become necessary.

**I HAVE CAREFULLY READ THIS AGREEMENT AND UNDERSTAND IT TO BE A RELEASE OF ALL CLAIMS AND CAUSES OF ACTION FOR MY ILLNESS, INJURY OR DEATH THAT OCCURS AS A RESULT OF MY CHOICE TO TRAVEL TO AN AREA OUTSIDE OF THE UNITED STATES AND THAT IT OBLIGATES ME TO INDEMNIFY THE FOUNDATION FOR GLOBAL LEADERSHIP AND OTHER IDENTIFIED PARTIES FOR ANY LIABILITY FOR ILLNESS, INJURY OR DEATH TO OTHERS AS A RESULT OF MY CHOICE TO TRAVEL TO SUCH AREAS OF THE WORLD. THIS AGREEMENT WILL BE CONSTRUED IN ACCORDANCE WITH THE LAWS OF THE STATE OF ARIZONA.**

**Delegate:**

Print Name \_\_\_\_\_

Signature (*Parent/Guardian if under 18 years of age*) \_\_\_\_\_

Date \_\_\_\_\_

## Southern Africa Packing List

- Weather: 75 (F) high to 46 (F) low – June - August  
\* Average temperatures for this time of year, subject to variations via global climate change
- Vaccinations: Please see your health provider. Yellow Fever is the only required vaccination but malaria prophylaxis and Hepatitis A&B are also highly recommended as well as whatever your health provider recommends. For the latest health information on South Africa, Malawi and Zambia, please see: <http://wwwn.cdc.gov/travel/>
- Luggage: International airline weight restrictions average 23 kg (approx. 50 lbs) per person. Many international airlines are adopting the 1 checked bag policy.  
  
Only 15 kg (approx. 33 lbs) per person allowed on chartered flights to game reserve so please keep packing as light as possible.
- Money: U.S. dollars are generally accepted. Hotels will change money for a commission.  
  
When bringing U.S. dollars abroad, it is important to bring new bills without marks or tears. If you are bringing \$100 denominations, the dates must be 2003 or higher in order to exchange for full value. *Recommended: \$1's are very useful for tips, drinks and snacks and larger denominations are best for shopping and Visa/MasterCard are widely accepted however American Express is usually only accepted in hotels or upscale shopping.*  
  
*Gratuities - on average travelers often budget between \$5 -\$10 per day for gratuities for porters, guides and drivers.*  
  
**NOTE:** You may want to notify your bank and credit card companies that you are traveling overseas. It is becoming more common for banks and credit card companies to put a hold on cards when they see they are being used abroad.
- Visas: Please check for the most recent visa requirements using a visa service such as [www.traveldocs.com](http://www.traveldocs.com) .
- Travel  
Insurance: You will need to purchase medical and trip cancellation insurance prior to departure – Often you can purchase the necessary insurance when you

purchase your international airfare or you can use a service such as [www.traveldocs.com](http://www.traveldocs.com) .

**Electricity:** Electricity overseas runs on 220 voltages. Make sure that any electrical appliances are dual voltage, if they are only 120V (standard for the U.S.), you will need to bring a converter. You will also need to bring an adapter in order to plug your appliances into the outlets.

Often, people are confused by the difference between a converter and an adapter:

Converter: A specific plug that converts electricity

Adapter: The plug that allows a U.S. appliance to be plugged into the outlet in the country visited. If you bring your own appliances, you will need an adapter suitable for Southern Africa.

*Most digital cameras, cell phones and laptops are dual voltage (check for the 120/220V on the charger). Unless specifically designed for travel, most hair dryers are 120V only and require a converter.*

**Appliances:** It is highly recommended to bring as little luggage as possible. The hotels will have hair dryers available in rooms however there may not be enough electricity for hairdryers on safari. Electric razors, curling irons, etc... are at your discretion.

**Internet:** The hotel will have a business center but there is a high probability that there will not be internet capabilities on safari. Wireless in the hotel is also available if you choose to bring your own laptop computer (some people choose to bring a computer to download pictures at the end of each day to make room for more pictures, but bringing an extra card for your camera may be less cumbersome).

**Telephone:** You may provide family members with the hotel and lodge information for emergencies. In addition, FGL staff will have international cell phones with local SIM cards available for your use and you can buy "airtime" on arrival in Africa.

**Laundry:** Laundry service is available at the hotel and is complementary at the safari camp.

Site Visits “to bring” list:

Clothing: Traveler’s Casual

We define traveler’s business casual as comfortable and modest. Please DO NOT wear spaghetti straps, tank tops or shorts during site visits. Women’s shoulders should be covered with either shirt sleeves or a scarf. Men can wear polo shirts and trousers (other than jeans).

One semi-dressy/ business outfit is recommended for potential dinner with guests and/or meeting with dignitaries.

Shoes: Closed-toed shoes are essential as many projects take place in slums or in areas where weather conditions can turn a dirt path to churning mud instantly.

Safari “to bring” list:

Clothing: Layers of light colored clothing (i.e. khaki or white). It will often be quite cold in the early mornings and in the evenings and then fairly warm during the day.

Light raincoat/ poncho (recommended)  
Fleece jacket, gloves and hat (recommended for early morning game drives)

Shoes: Comfortable walking shoes

Personal First Aid Kit (optional):

- Vitamins
- Prescription medications
- Pain medications – Advil, Motrin, Aspirin, etc...
- Cold medications and/or throat lozenges
- Malaria prophylaxis
- Anti- Diarrhea and upset stomach medication (i.e. Imodium or Pepto Bismal)
- Motion sickness prophylaxis (i.e. Dramamine)
- Band-aids or moleskin
- Antiseptic solution

Other items:

- Anti-bacterial wipes
- Day pack/ back pack or fanny pack
- Camera (back-up camera/ batteries optional)
- Sunglasses
- Insect repellent
- Travel alarm

- Binoculars
- Extra glasses (if necessary)
- Contact solution (if necessary)
- Sunscreen
- Hat
- Travel pillow/ear plugs (optional)
- Ziplock or plastic bags (to pack your liquids or protect your camera and binoculars from dust)
- Lens cleaning materials (optional)
- Power bars, nuts, or snacks
- Books, journal, pen

Other Travel Suggestions:

- Bring 2 copies of your passport and put it in each piece of luggage (checked and carry-on). Make sure your regular luggage tags are firmly attached and have your current information.
- Using stuff sacks for the inside of your suitcases helps you stay organized packing and repacking throughout the trip.
- Keep one other copy of your flight itinerary somewhere in your luggage.
- Leave some room in your luggage to bring home gifts.
- You can bring pens or toys as small gifts for children that we will see and visit during our trip.
- Leave your expensive watches and jewelry at home.
- Often at the end of trips people will decide to donate and leave items such as books and clothing with our guides or others. It is a great way to make room in your suitcase for the trip home.
- Pack light, review, unpack and take out all the extra you had the first time ☺